## SUCCESS AND WELLNESS FUNDS PLAN

# Imagine Akron Academy

#### **GENERAL USE DESCRIPTION**

# Describe generally how the School will use the funds.

(What are the goals/objectives the School expects to achieve?)

Imagine Leadership will utilize the success and wellness funds to establish procedures and processes aimed at introducing and reinforcing specific skills related to self-regulation, mental health, and physical health among students. This will be accomplished through the implementation of a morning mindfulness session facilitated by classroom teachers as well as a Music Mindfulness daily extra-curricular class. Teachers will use lessons from KIDS MENTAL HEALTH <a href="https://www.kidsmentalhealth.org">www.kidsmentalhealth.org</a>, CLASS DOJO <a href="https://www.gonoodle.com/tags/L2nZb2/all-the-feelsvideos">www.classdojo.com</a>, and GO NOODLE <a href="https://www.gonoodle.com/tags/L2nZb2/all-the-feelsvideos</a>.

External agencies that emphasize mental health and behavioral health will also provide mental,. social, and emotional wellness sessions independently and collectively before, during, and afterschool. Transportation will be provided for the after school sessions and the sessions held during school closures. We will utilize a local independent transportation company, Petermann bussing, or city transit bus passes for students/families participating in any of the SUCCESS AND WELLNESS programs provided by our community partners. Our Physical Education curriculum will focus on promoting physical wellness.

The objective is to teach and emphasize the importance of self-regulation and self-awareness along with triggers to students and staff that will help them maneuver through life, specifically their emotions and feelings more effectively and successfully.

Partner 1 Name: LifeANew Behavioral Health Center	<ul> <li>Community-based mental health treatment provider</li> <li>Nonprofit organization with experience serving children</li> </ul>
Partner 2 Name: Families First Mental Health Services	<ul> <li>Community-based mental health treatment provider</li> <li>Nonprofit organization with experience serving children</li> </ul>
Partner 3 Name:	

## **INITIATIVE DETAILS**

Describe how the funds will be used. Space for multiple initiatives has been provided. For each initiative use the rows on the following pages to: (a) identify the specific use(s) of the funds; (b) identify the category(ies) of the initiative; (c) describe how you anticipate the use of funds will impact students (including the number of students that will be impacted; include direct and indirect impacts); and (e) explain how impact will be measured.

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FY 2024-2025

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Initiative #1 Description (Identify the specific use of funds)	USE:Classroom Teachers-Will facilitate a 15 minute (minimum) lesson on Social Emotional Wellness by utilizing the following evidence-based and evidence -informed tools. KIDS MENTAL HEALTH www.kidsmentalhealth.org GO NOODLE https://www.gonoodle.com/tags/L2nZb2/all-the-feelsvideos. CLASS DOJO www.classdojo.com
Initiative Category (Select all that apply)	Culturally appropriate, evidence-based or evidence-informed prevention services, including youth-led programming and curricula to promote mental health and prevent substance use and suicide, and trauma-informed services
Anticipated <u>Direct Impact</u> (Identify the grades and number of students that are expected to be directly impacted by this use of funds <u>and</u> how they will be impacted)	Grades Kindergarten Number of Students 29 This initiative will provide every student at Imagine Akron Academy with an opportunity to receive daily morning instruction to assist with regulating and recognizing their current emotional state.
Anticipated Indirect Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds and how they will be impacted)	Grades Kindergarten Number of Students 29 This will create a safer culture and climate within our school as well as improved behavior and/or awareness of behavior/feelings in their homes and communities.
How will you measure the success of this initiative?	<ul> <li>Classroom referrals</li> <li>SWIS Data</li> <li>Student Behavior</li> <li>Family/Student Surveys</li> <li>Parent Conferences</li> </ul>

Initiative #2 Description (Identify the specific use of funds)	Music Mindfulness Teacher
Initiative Category (Select all that apply)	Culturally appropriate, evidence-based or evidence-informed prevention services, including youth-led programming and curricula to promote mental health and prevent substance use and suicide, and trauma-informed services
	Grades Kindergarten Number of Students 29
Anticipated <u>Direct</u> Impact Grade and number of students directly impacted by the initiative (Identify the grades and number of students that are expected to be directly impacted by this use of funds <u>and</u> how they will be impacted)	Music significantly impacts student mental wellness in several ways: Emotional Regulation, Stress Reduction, Creativity, and Self-Expression. Overall, music is a powerful tool for emotional well-being, social connection, and cognitive development in students.
Anticipated Indirect Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds and how they will be impacted)	Kindergarten Number of students 29  Mindfulness music indirectly impacts student learning through self-reflection, increased creativity, and improved Relationships
How will you measure the success of this initiative?	<ul> <li>Classroom referrals</li> <li>SWIS Data</li> <li>Student observed Behavior</li> <li>Family/Student Surveys</li> <li>Parent Conferences</li> </ul>

Initiative #3 Description (Identify the specific use of funds)	Before and/or After School Coping Skills Groups
Initiative Category (Select all that apply)	Culturally appropriate, evidence-based or evidence-informed prevention services, including youth-led programming and curricula to promote mental health and prevent substance use and suicide, and trauma-informed services  Services for homeless youth  Community liaisons or programs that connect students to community resources, including behavioral wellness coordinators and city connects, communities in schools, and other similar programs  Family engagement and support services  Student services provided prior to or after the regularly scheduled school day or any time school is not in session, including mentoring programs
Anticipated Direct Impact Grade and number of students directly impacted by the initiative (Identify the grades and number of students that are expected to be directly impacted by this use of funds and how they will be impacted)	Before and after school care can significantly impact student wellness in various ways:  1. **Structured Environment**: Providing a safe and structured environment helps students feel secure, reducing anxiety and promoting a sense of stability.  2. **Social Interaction**: These programs facilitate socialization, allowing students to build friendships and develop social skills, which are essential for emotional well-being.  3. **Academic Support**: Many programs offer homework help and tutoring, enhancing academic performance and reducing stress related to schoolwork.  4. **Physical Activity**: After school care often includes physical activities, promoting

	fitness and helping to alleviate stress.
	5. **Emotional Support**: Care providers can offer emotional guidance, helping students navigate challenges and fostering resilience.
	6. **Parental Peace of Mind**: Knowing their children are in a supportive environment allows parents to focus on work or other responsibilities, contributing to overall family wellness.
	By addressing both academic and emotional needs, before and after school care plays a crucial role in supporting student wellness.
Anticipated Indirect Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds and how they will be impacted)	The indirect impact is the same as the direct impact.
How will you measure the success of this initiative?	<ul> <li>observed student         behavior changes</li> <li>participation level during         sessions/activities</li> <li>parent conversations</li> </ul>