



Arlene's November 2024 K-8 Breakfast Menu

<p><i>Carbs listed for each item in blue font</i></p>				<p>1 PARENT/TEACHER CONFERENCES ALL DAY NO SCHOOL</p>
<p>4 Banana/Choc Oatmeal Round (2wg) 39 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>5 ELECTION DAY NO SCHOOL</p>	<p>6 Cinnamon Bun (2wg) 34 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>7 Apple Strudel Pastry (2wg) 38 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>8 Cinnamon Toast Crunch Pastry (2wg) 40 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>
<p>11 Cereal Bar (1wg) 30 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>12 Super Breakfast Ring (1g) 27 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>13 Cinnamon Bun (2wg) 34 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>14 Pumpkin Bread (2wg) 43 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>15 Strawberry Pull Apart Bagel (2wg) 42 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>
<p>18 Apple Cinnamon Oatmeal Round (2wg) 39 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>19 Corn Muffin (2wg) 36 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>20 Cinnamon Bun (2wg) 34 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>21 Choc Chip Muffin (2wg) 45 Peach Fruit Cup (1/2c) 21 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>	<p>22 Mini Cinnis (2wg) 40 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13</p>
<p>25 Thanksgiving Break NO SCHOOL</p>	<p>-----</p>	<p>-----</p>	<p>-----</p>	<p>-----></p>

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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